

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Adolph Krige**

Has successfully participated & completed the

**7km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 01:29:34**

**PACE 12:46/km**

**GENDER 27 of 43**

**OVERALL 139 of 204**

**OPEN 11 of 21**

28 August 2016, Sun

Date



*BoutTime*

Signature

